



# Morecambe FC Academy



## JOB DESCRIPTION

**Job Title:** Academy Physiotherapist  
**Reporting to:** Academy Manager/ Head of Coaching, Academy Head of Sport Science and Medicine  
**Location:** Morecambe FC

### 1. PURPOSE

- To be a member of the Academy Management Team with the responsibilities for advising and updating the meeting on player injuries, rehabilitation programmes and generally the progress of Academy and Professional Development Phase age group players. Will also inform the meeting of developments in the Sports Science and Medical fields that would benefit the Academy.
- To lead the treatment and rehabilitation of injuries programme for Academy ASE (apprentice) Professional Youth Development Phase players involved in the MFC Academy and Youth Development Programme and carry out related treatments associated with excellence in football.
- To follow the necessary treatment programmes for players and provide records of those treatments on the MFC Academy and Youth Development Programme Treatment of Injuries pro-forma.
- To work closely with the Academy Manager and Head of Academy Coaching to keep them fully informed on the treatments, rehabilitation programmes and fitness of players.
- Maintain the player administration and attendance registers for players undergoing treatments.
- Provide a Treatments/Rehabilitation player attendance procedure and ensure all players/staff are aware of the process and procedures in order to understand the methodology in place in order to receive such treatments/rehabilitation.

### 2. SCOPE

- Implement the treatment of injuries strategy for Morecambe FC Academy, working closely with the Academy Manager, Head of Academy Coaching and Academy Head of of Sports Science and Medicine.
- Monitor players and report their progress on a regular basis, completing the relevant weekly and 6 weekly Review report forms.
- To ensure that players are provided with the full range of treatments in the aid to recovery and return to full fitness.
- Manage the treatments programme within the parameters of the Club Codes of Conduct and Policies and Procedures on the treatment and management of injuries.

### 3. MAIN DUTIES/KEY ACTIVITIES

- Maintain all registers and complete the specific Treatment of Injuries records for all players attending for treatment or diagnosis.
- Under the guidance of the Academy Head of Sports Science and Medicine deliver the treatment programmes associated with excellence using the required methods that meet the needs of all players.
- Provide parents/guardians and players with relevant information in order that they are fully aware of the treatment programme and what is required to aid and return to full fitness.
- Be actively involved in developing and enhancing the treatment and management of injuries programme, associated with players involved in a programme of excellence.
- To administer, develop and compile a comprehensive battery of player fitness profiles from such Fitness Testing as: Multistage Fitness (Bleep) Test/Yo Yo Intermittent Recovery Test (maximum oxygen uptake); Sargent / CMJ Jump (power); BMI (body composition); 5, 10, 20m Sprint (speed); RAST (speed endurance test); Grip Test (strength); Press up Bleep Test / Sit up Bleep Test (strength) or other comparable tests.
- To provide up to date reporting of all player monitoring to the Academy Manager/Head of Coaching.
- Provide an input into the development of annual budgets and targets for the Academy Management Team by working closely with the Academy Manager/Head of Coaching and Academy Head of Sports Science and Medicine.
- To analyse and review the treatment and management of injuries programme on a regular basis in order to adapt the programme to meet specific player and squad needs.
- To provide reports to the Academy Manager/Head of Coaching on the players who have undergone treatment and rehabilitation on their progress and games performance when returning from injury/treatment.
- Attend the weekly Coaching Staff Meeting as scheduled.  
Attend the 6 weekly Multi-disciplinary Team Meetings as scheduled, attending 75% per year, with the provision of specific Academy player fitness, injury, and illness information. Provision and regular updates of testing results and information on individual player needs. Provision of injury assessment results, treatments and rehabilitation programmes with regular progress reports on players following a rehabilitation programme. Ongoing information regarding diet and nutrition including specific and individual needs of Academy players. Regular update on FA Doping procedures and player 'whereabouts'. Heart Screening information and dates of examination (prior to pre-season).
- Maintain qualifications to the minimum requirements: Chartered Physiotherapist (acceptable Academy equivalent – eg Sports Therapist); First Aid at Work / Emergency Aid; FA Safeguarding Children Certificate; FA CRB check. FA Basic First Aid for Sport
- To enhance and develop qualifications to meet the demands and needs of the Academy Development Programme.
- Attend professional development (Academy) games as first line physiotherapist.

## Person Specification

- Ability to work as part of a team as well as using one's own initiative
- excellent interpersonal skills and the ability to communicate on a variety of levels
- Strong IT skills and a diligent and dedicated approach to recording all medical data
- Able to adapt to the flexible demands of the job and needs of the players and other staff
- Dedicated to self-improvement and continuous professional development
- Committed to working to and promoting the philosophy of the football club and to promoting and displaying standards of excellence
- Be an ambassador and positive role model for Morecambe Football Club

## Qualifications

Minimum BSc in Physiotherapy with HCPC Registration

IFAS / AREA (preferable)

CRC and FA Safeguarding Certificate

Full clean driving licence is essential

## Applying for the Role

Applications are to be sent to: [stewartdrummond@morecambefc.com](mailto:stewartdrummond@morecambefc.com)

Applicants are requested to submit their CV, together with a letter of application, setting-out how you meet the criteria for the role. Please ensure you state clearly which role you wish to apply for.

**Closing date for applications: 11/12/2017**

**Interviews and assessment will take place w/c 18/12/2017**

**Only applicants invited for interview will be contacted.**