



MORECAMBE FC

JOB DESCRIPTION

Job Title: Academy Head of Sports Science
Reporting to: Academy Manager/Head of Coaching
Location: Morecambe Football Club Academy

1. MAIN DUTIES/KEY ACTIVITIES

Academy Head of Sports Science

- To lead in Sports Science in support the Academy and Youth Development Programme at all levels.
- To attend Academy training and games to provide Sports Science physical training for the Professional Development Phase (U18s)
- To lead Sports Science training for the Academy Foundation and Youth Development Phases (U9s – U16s)
- To cover training sessions and matches at the Academy's principal training venue and other venues, as required
- To provide Sports Science programmes to the players in the Academy
- To deliver fitness testing for the players in the Academy
- To provide injury prevention and rehabilitation programmes
- To provide Nutritional support across the age ranges
- To carry out daily monitoring and training load data collection, providing reports to the Academy Manager, coaching staff and players
- To maintain up to date Sports Science records on the PMA system
- To attend relevant Academy staff meetings
- To attend CPD and training events organised by the Club/FA/EFL and other courses relevant to the role

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2. SCOPE

- For the Professional Development Phase, to plan, document and deliver: Testing/Measurements, individualised Physical Development Programmes, Diet and Nutrition Programme, Psychology Programme, Player Performance Records, PMA and Resources
- For the Youth Development Phase, to plan, document and deliver: Testing/Measurements, individualised Physical Development Programmes, Diet and Nutrition Programme, Psychology Programme, Player Performance Records, PMA and Resources
- For the Foundation Phase, to plan, document and deliver: Testing/Measurements, individualised Physical Development Programmes, Diet and Nutrition Programme, Psychology Programme, Player Performance Records, PMA and Resources

3. PERSON SPECIFICATION:

Essential

- BSc Sports Science strength and conditioning qualification, or equivalent
- Up to date Sports Science CPD qualifications
- Experience of delivering Sports Science development to groups of athletes and elite performers
- Experience in delivering fitness testing
- Available to work flexible hours, including weekdays, weekends and evenings
- A flexible attitude to work
- Good organisational and time management skills
- Good inter-personal skills, to deal effectively with coaches, players and parents
- Ability to liaise in a professional manner with players, coaches, academy management and other agencies
- Ability to produce clear and accurate written records and reports, as required
- FA DBS required (*see safeguarding statement*)

DESIRABLE

- Full driving license and use of own vehicle
- Worked in Academy football
- Experience with PMA

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• Safeguarding statement

Morecambe FC is committed to safeguarding the welfare of children and young people and expects all staff and volunteers to endorse this commitment.

This post requires Enhanced Criminal Records Checks and may include checks against the Barred Lists; as such it is exempt from Rehabilitation of Offenders Act (1974). Therefore all convictions including spent convictions that have not been subject to filtering by the DBS should be declared”.

Relevant information and / or documents will be distributed as part of the recruitment process.

General information

The employee must at all time carry out their duties with due regard to the Morecambe FC policies and procedures.

The employee must ensure a positive commitment towards equality and diversity by treating others fairly and not committing any form of direct or indirect discrimination, victimisation or harassment of any description and to promote positive working relationships between all internal and external stakeholders.

Given the under-representation of BAME coaches in the workforce it is important that Clubs have a policy of ensuring that some positions within their Academy are open to ‘entry level’ candidates with no previous experience. Otherwise the lack of previous experience in the BAME coaching workforce will mean that the current under-representation will self-perpetuate.

Applying for the Role

Applications are to be sent to: academy@morecambefc.com

Applicants are requested to submit a completed application form, together with a letter of application, setting-out how you meet the criteria for the role. Please note that we will only accept applications on the Club’s application form.

Closing date for applications: 31/05/2019

Only applicants invited for interview will be contacted.

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